



## Educational and School Services.

### Teachers:



Team building. *How to work together.*



Personality Profiling. *How to use differences constructively.*



Assertiveness. *How to stay mentally sane*



Communication. *How to understand children's differences.*



Management. *How not to terribly upset yourself when children are behaving badly.*



Stress. *How to cope with stressful situations at school.*



Emotional Intelligence. *How to stay positive and motivated in spite of negative situations.*



Conflict Resolution. *How not to make yourself terribly angry and still be in charge of the classroom.*



Social Skills. *How to handle children behaving badly*



These are some of the topics and workshops we present at schools for teachers. Contact me for any other suggestions, proposals and info. Book now!

## Children:



Self Knowledge / Self Trust /Self Image



Subject Choices. *Making an informed decision.*



Career choices. *A good foundation.*



Problem solving. *Taking control*



Social Skills. *How to be clever.*



Sex education. *Knowledge is power*



HIV & Aids education. *Be prepared.*



Cross cultural sensitivity. *Proudly South African*



Creative Study Methods. *Don't work hard, work smart!*



Assertiveness. *Look after yourself.*



How to use humour to dispute irrational ideas and fears



How to dream. *Enjoy life in spite of adversities*



Personality Profiling. *Who am I? Who is the other?*



For a better future, let us all assist in rational education. These topics are being presented individually as well as in workshops. Contact me and find out how I can help!